

Creating and using goals

A guide for doctors gathering evidence for a Portfolio Pathway application

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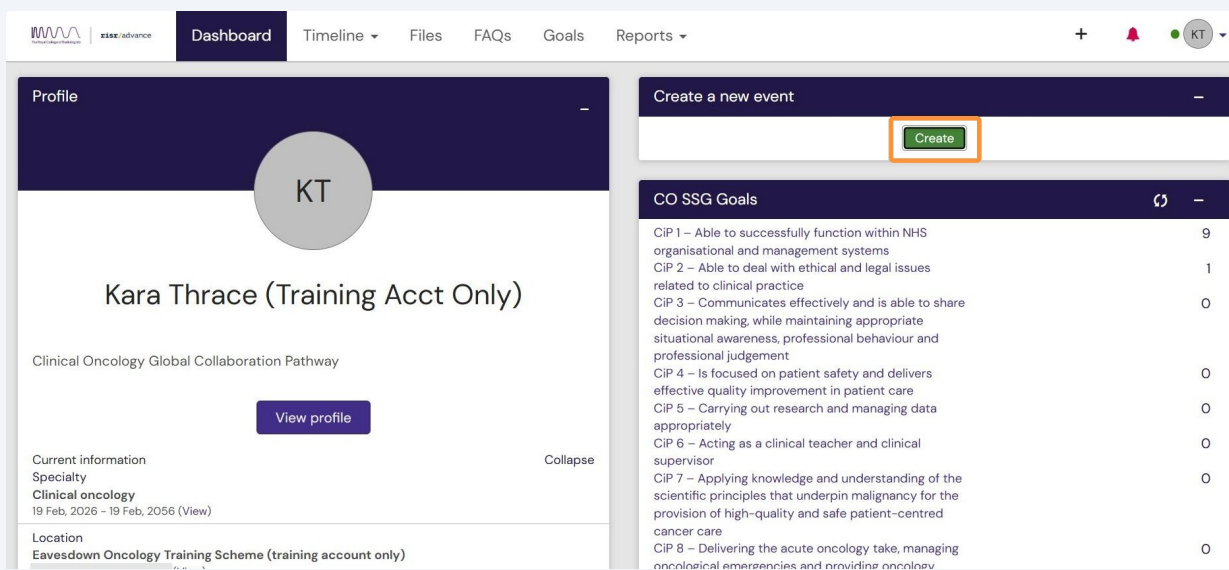
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Creating Specialty Specific Guidance (SSG) goals

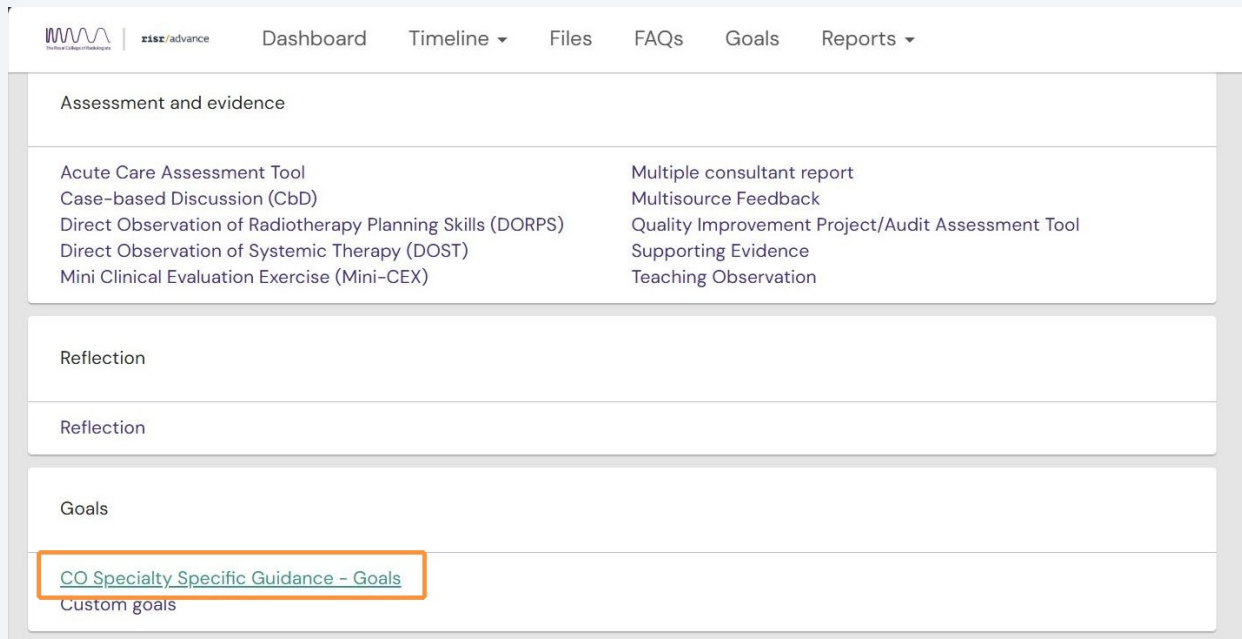
1 From your Dashboard, click "Create"



The screenshot shows a dashboard interface with a top navigation bar containing 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. A 'Create' button is highlighted in the 'Create a new event' section. The main content area is divided into two columns. The left column shows a profile for 'Kara Thrace (Training Acct Only)' with a 'View profile' button. The right column shows a table of 'CO SSG Goals' with columns for goal description and a numerical value.

CO SSG Goals	
CIP 1 – Able to successfully function within NHS organisational and management systems	9
CIP 2 – Able to deal with ethical and legal issues related to clinical practice	1
CIP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement	0
CIP 4 – Is focused on patient safety and delivers effective quality improvement in patient care	0
CIP 5 – Carrying out research and managing data appropriately	0
CIP 6 – Acting as a clinical teacher and clinical supervisor	0
CIP 7 – Applying knowledge and understanding of the scientific principles that underpin malignancy for the provision of high-quality and safe patient-centred cancer care	0
CIP 8 – Delivering the acute oncology take, managing nonclinical emergencies and providing oncology	0

2 Click on "Specialty Specific Guidance - Goals"



The screenshot shows the 'Goals' section of the 'xise/advance' system. The navigation bar includes 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. The 'Goals' section is expanded, showing a list of goals. The goal 'CO Specialty Specific Guidance - Goals' is highlighted with an orange box. Below it is 'Custom goals'.

Assessment and evidence

- Acute Care Assessment Tool
- Case-based Discussion (CbD)
- Direct Observation of Radiotherapy Planning Skills (DORPS)
- Direct Observation of Systemic Therapy (DOST)
- Mini Clinical Evaluation Exercise (Mini-CEX)
- Multiple consultant report
- Multisource Feedback
- Quality Improvement Project/Audit Assessment Tool
- Supporting Evidence
- Teaching Observation

Reflection

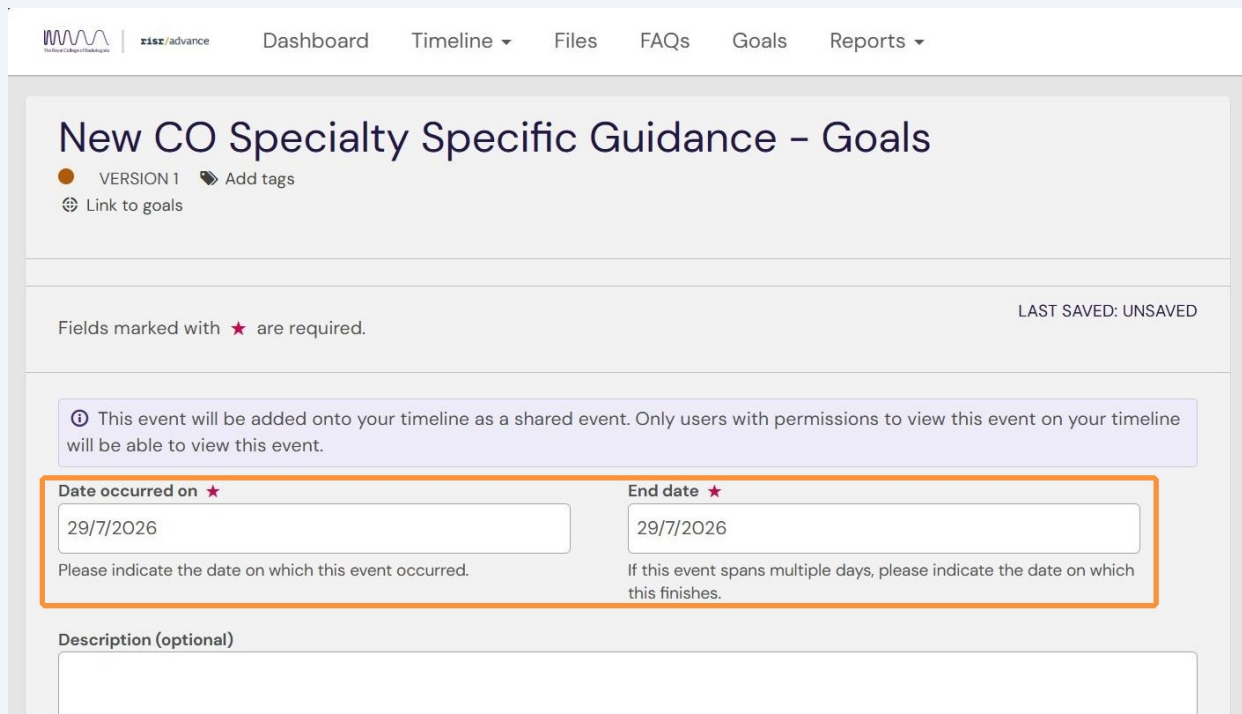
Reflection

Goals

[CO Specialty Specific Guidance - Goals](#)

Custom goals

3 Enter the start and end date that applies to the goal set



The screenshot shows the 'New CO Specialty Specific Guidance - Goals' form. The navigation bar includes 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. The form title is 'New CO Specialty Specific Guidance - Goals'. Below the title are 'VERSION 1' and 'Add tags'. There is a 'Link to goals' button. A message states 'Fields marked with ★ are required.' and 'LAST SAVED: UNSAVED'. A note indicates 'This event will be added onto your timeline as a shared event. Only users with permissions to view this event on your timeline will be able to view this event.' The 'Date occurred on' and 'End date' fields are highlighted with an orange box. The 'Date occurred on' field contains '29/7/2026' and the 'End date' field contains '29/7/2026'. Below these fields are instructions: 'Please indicate the date on which this event occurred.' and 'If this event spans multiple days, please indicate the date on which this finishes.' The 'Description (optional)' field is empty.

NEW CO Specialty Specific Guidance - Goals

VERSION 1 Add tags

Link to goals

Fields marked with ★ are required. LAST SAVED: UNSAVED

ⓘ This event will be added onto your timeline as a shared event. Only users with permissions to view this event on your timeline will be able to view this event.

Date occurred on ★ End date ★

29/7/2026 29/7/2026

Please indicate the date on which this event occurred. If this event spans multiple days, please indicate the date on which this finishes.

Description (optional)

4

The Capabilities in Practice (CiPs) from the Portfolio Pathway SSG have been prepopulated for you - you do not need to add these as goals.

You can click "Collapse All" to make scrolling to the end of the form quicker.

The screenshot shows a web form for entering goals. At the top right, a purple button labeled "Collapse All" is highlighted with an orange rectangular box. Below this, a goal entry card is visible. The card has a header bar with the text "Goal #1 - CiP 1 - Able to successfully function within NHS organisational and management systems" and a collapse icon. The main body of the card contains the following details:

- Goal title**
CiP 1 - Able to successfully function within NHS organisational and management systems
- Goal description**
- Knowledge**
 - ☐ Aware of public-health issues including population health, social detriments of health and global health perspectives
 - ☐ Aware of the role of, and processes for, commissioning
- Skills**
 - ☐ Aware of and adheres to the GMC professional requirements
 - ☐ Demonstrates capabilities in dealing with complexity and uncertainty
 - ☐ Demonstrates promotion of an open and transparent culture
- Experience**

5

Scroll to the bottom of the goals section and enter the due date for these goals.

The screenshot shows a web application interface with a navigation bar at the top containing the following links: "Dashboard", "Timeline", "Files", "FAQs", "Goals", and "Reports". Below the navigation bar, there is a list of four goal cards, each with a title, a description, and a collapse icon. The goal cards are:

- Goal #16 - CiP 16 - Safely and effectively delivering, and managing patients receiving, a course of palliative radiotherapy
- Goal #17 - CiP 17 - Safely and effectively delivering, and managing patients receiving, a course of radioisotope therapy using an unsealed source to include post-therapy radiation protection measures
- Goal #18 - CiP 18 - Safely and effectively managing patients treated with brachytherapy and their complications
- Goal #19 - CiP 19 - Participating in clinical research trials and developing guidelines and protocols to safely implement new radiotherapy/combined modality regimens/techniques

Below the goal cards, there is a section titled "Due date for all the goals in this section" with a red star icon. This section contains a text input field with the placeholder text "d/m/yyyy". This input field is highlighted with an orange rectangular box. At the bottom of the form, there are two buttons: "Submit" (green) and "Save as draft" (orange).

6 Click "Submit" to save your goals.

WAVE | rize/advance Dashboard Timeline Files FAQs Goals Reports

Goal #16 - CIP 16 - Safely and effectively delivering, and managing patients receiving, a course of palliative radiotherapy

Goal #17 - CIP 17 - Safely and effectively delivering, and managing patients receiving, a course of radioisotope therapy using an unsealed source to include post-therapy radiation protection measures

Goal #18 - CIP 18 - Safely and effectively managing patients treated with brachytherapy and their complications

Goal #19 - CIP 19 - Participating in clinical research trials and developing guidelines and protocols to safely implement new radiotherapy/combined modality regimens/techniques

Due date for all the goals in this section ★

d/m/yyyy

Submit Save as draft

7 Click "Proceed" to confirm your goals.

WAVE | rize/advance Dashboard Timeline Files FAQs Goals Reports

Goal #16 - CIP 16 - Safely and effectively delivering, and managing patients receiving, a course of palliative radiotherapy

Goal #17 - CIP 17 - Safely and effectively delivering, and managing patients receiving, a course of radioisotope therapy using an unsealed source to include post-therapy radiation protection measures

Goal #18 - CIP 18 - Safely and effectively managing patients treated with brachytherapy and their complications

Goal #19 - CIP 19 - Participating in clinical research trials and developing guidelines and protocols to safely implement new radiotherapy/combined modality regimens/techniques

Due date for all the goals in this section ★

29/7/2027

Submit Save as draft

! This will create and start the goals which you have just defined. Would you like to proceed?

Cancel Proceed

Creating custom goals

8 From your Dashboard, click "Create"

The screenshot shows a dashboard with a top navigation bar containing 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. On the left, a profile card for 'Kara Thrace (Training Acct Only)' is visible. On the right, a 'Create a new event' section has a green 'Create' button highlighted with an orange box. Below this is a 'CO SSG Goals' table with 8 rows of goals and their counts.

CO SSG Goals	
CiP 1 – Able to successfully function within NHS organisational and management systems	9
CiP 2 – Able to deal with ethical and legal issues related to clinical practice	1
CiP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement	0
CiP 4 – Is focused on patient safety and delivers effective quality improvement in patient care	0
CiP 5 – Carrying out research and managing data appropriately	0
CiP 6 – Acting as a clinical teacher and clinical supervisor	0
CiP 7 – Applying knowledge and understanding of the scientific principles that underpin malignancy for the provision of high-quality and safe patient-centred cancer care	0
CiP 8 – Delivering the acute oncology take, managing oncological emergencies and providing oncology	0

9 Click on "Custom goals"

The screenshot shows a 'Goals' section with a list of assessment and evidence tools. The 'Custom goals' link is highlighted with an orange box.

Assessment and evidence
Acute Care Assessment Tool
Case-based Discussion (CbD)
Direct Observation of Radiotherapy Planning Skills (DORPS)
Direct Observation of Systemic Therapy (DOST)
Mini Clinical Evaluation Exercise (Mini-CEX)
Multiple consultant report
Multisource Feedback
Quality Improvement Project/Audit Assessment Tool
Supporting Evidence
Teaching Observation

Reflection

Reflection

Goals

CO Specialty Specific Guidance – Goals

[Custom goals](#)

Uncategorised

10 Enter the start and end date that applies to the goal set

zize/advance Dashboard Timeline Files FAQs Goals Reports

New Custom goals

VERSION 4 Add tags Link to goals

Fields marked with ★ are required. LAST SAVED: UNSAVED

ⓘ This event will be added onto your timeline as a shared event. Only users with permissions to view this event on your timeline will be able to view this event.

Date occurred on ★ 29/7/2026
Please indicate the date on which this event occurred.

End date ★ 29/7/2026
If this event spans multiple days, please indicate the date on which this finishes.

Description (optional)

11 Enter your goal and a description if relevant

zize/advance Dashboard Timeline Files FAQs Goals Reports

Goal #1

Goal title ★

Goal description

Targets
Targets break down goals into smaller objectives. It is possible to have multiple targets attached to a single goal.

Add goal target (optional)

12 You can break each goal down into steps by clicking "Add a goal target (optional)"

The screenshot shows a form for 'Goal #1'. At the top is a purple header bar with a move icon and a minus icon. Below this is a 'Goal title' field with a red star icon, containing the text 'Deliver teaching to ST3 residents'. Underneath is a 'Goal description' text area. The 'Targets' section follows, with a sub-header and explanatory text: 'Targets break down goals into smaller objectives. It is possible to have multiple targets attached to a single goal.' At the bottom of this section is a dark blue button labeled 'Add goal target (optional)', which is highlighted with an orange rectangle.

13 You can delete, move, or minimise a goal target using the controls on the right.

The screenshot shows the 'Targets' section of the interface. It includes the same sub-header and explanatory text as in the previous screenshot. Below this is a 'Target #1' entry. The entry has a purple header bar with three icons on the right: a move icon, a minus icon, and a delete icon (trash can). This header bar is highlighted with an orange rectangle. Below the header is a 'Target title' field with a red star icon, which is currently empty. At the bottom of the target entry is a dark blue button labeled 'Add achievement'.

14 You can add additional targets by clicking "Add another target for this goal"

Targets

Targets break down goals into smaller objectives. It is possible to have multiple targets attached to a single goal.

Target #1

Target title ★

Add achievement

+ Add another target for this goal

+ Add another goal

Due date for all the goals in this section ★

15 You can add more goals by clicking "Add another goal"

Goal #1

Goal title ★

Deliver teaching to ST3 residents

Goal description

Targets

Targets break down goals into smaller objectives. It is possible to have multiple targets attached to a single goal.

Add goal target (optional)

+ Add another goal

Due date for all the goals in this section ★

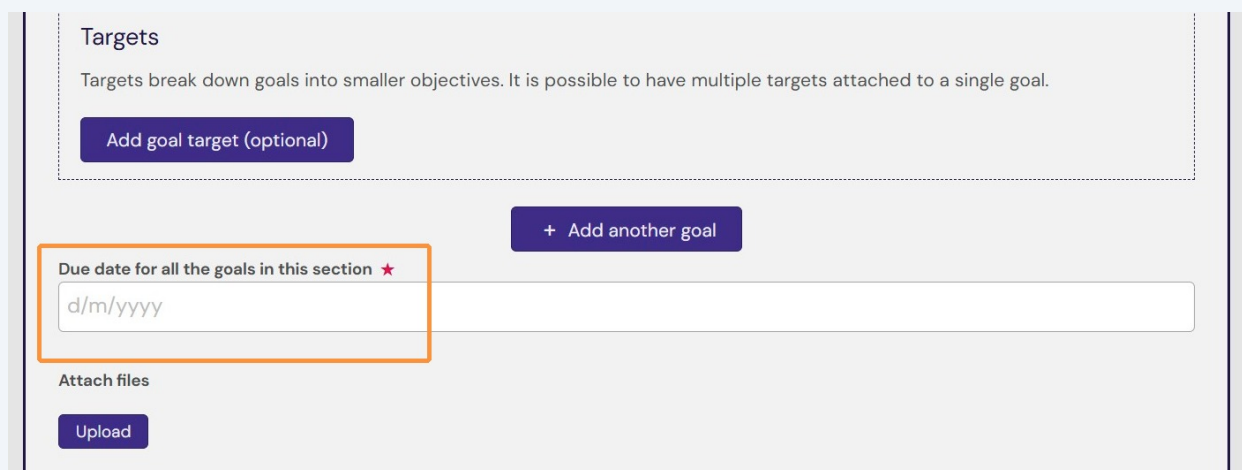
d/m/yyyy

- 16 You can delete, move, or minimise a goal using the controls on the right.



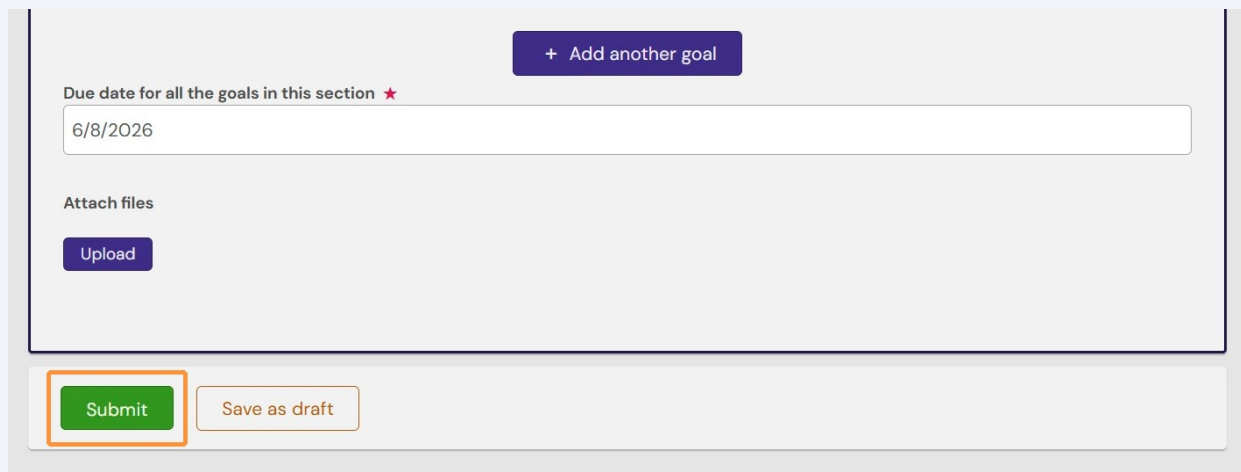
The screenshot shows a goal management interface. At the top, a purple header bar contains the text "Goal #2" and three icons: a move icon (four arrows pointing outwards), a minimise icon (a horizontal line), and a delete icon (a trash can). These icons are highlighted by an orange rectangular box. Below the header, there are two text input fields: "Goal title" with a red star icon and "Goal description". At the bottom, the word "Targets" is visible.

- 17 Enter the due date for the goal set. This date applies to the whole goal set. If you need different due dates, you should create a separate goal set.



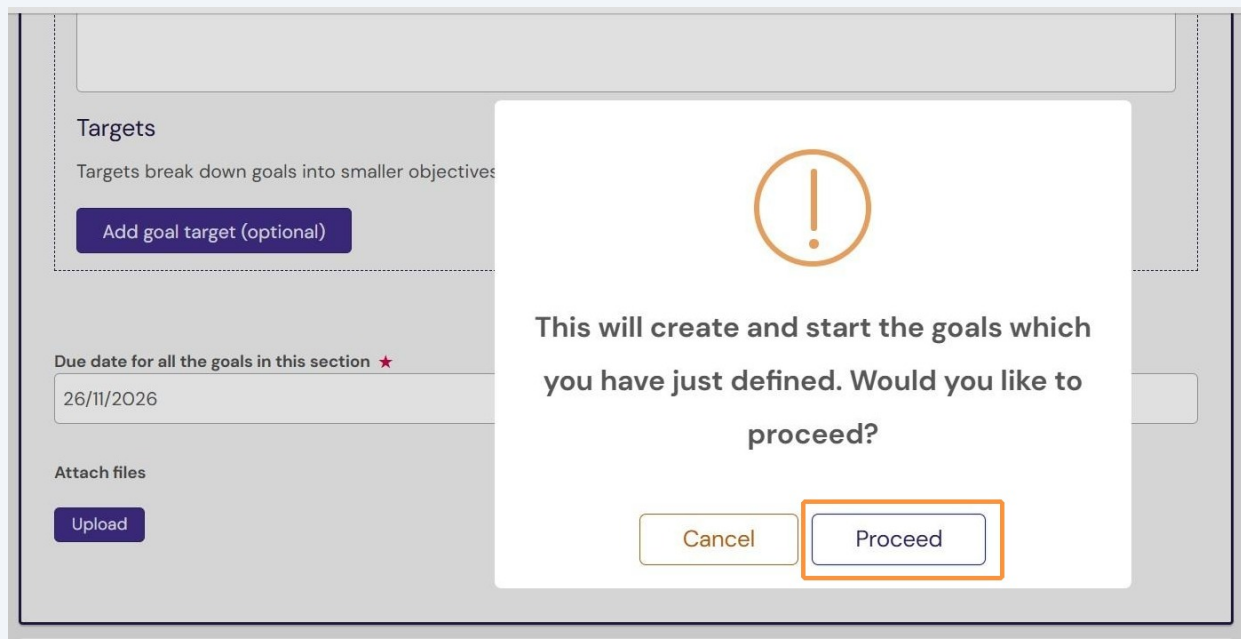
The screenshot shows a goal management interface. At the top, the word "Targets" is displayed. Below it, a text input field is labeled "Add goal target (optional)". In the center, there is a button labeled "+ Add another goal". Below this, a text input field is labeled "Due date for all the goals in this section" with a red star icon. The input field contains the placeholder text "d/m/yyyy" and is highlighted by an orange rectangular box. At the bottom, there is a section labeled "Attach files" with a button labeled "Upload".

18 Click "Submit" to save your goals



The screenshot shows a form for managing goals. At the top right is a purple button labeled "+ Add another goal". Below it is a text input field for the due date, labeled "Due date for all the goals in this section" with a red star icon, containing the date "6/8/2026". Underneath is an "Attach files" section with a purple "Upload" button. At the bottom, there are two buttons: a green "Submit" button, which is highlighted with an orange border, and an orange "Save as draft" button.

19 Click "Proceed" to confirm your goals.



The screenshot shows the same goal management interface as in step 18, but with a confirmation dialog box overlaid in the center. The dialog box has a white background and a large orange exclamation mark icon at the top. The text inside the dialog reads: "This will create and start the goals which you have just defined. Would you like to proceed?". At the bottom of the dialog are two buttons: a yellow "Cancel" button and a white "Proceed" button, which is highlighted with an orange border. In the background, the form elements are visible but dimmed, including the "Targets" section with an "Add goal target (optional)" button, the due date field now showing "26/11/2026", and the "Attach files" section with an "Upload" button.

Viewing your goals

20 From your dashboard, click "Goals"

The screenshot shows the 'Goals' page in the dashboard. The top navigation bar includes 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals' (highlighted with an orange box), and 'Reports'. The main content area is divided into two sections. On the left, the 'Profile' section displays the user's name 'Kara Thrace (Training Acct Only)' and their specialty 'Clinical oncology'. On the right, the 'CO SSG Goals' section lists eight goals (CiP 1 to CiP 8) with their descriptions. A 'Create a new event' button is visible in the top right corner.

Profile

KT

Kara Thrace (Training Acct Only)

Clinical Oncology Global Collaboration Pathway

[View profile](#)

Current information
Specialty
Clinical oncology
19 Feb, 2026 – 19 Feb, 2056 (View)

Location
Eavesdown Oncology Training Scheme (training account only)

Create a new event

[Create](#)

CO SSG Goals

- CiP 1 – Able to successfully function within NHS organisational and management systems
- CiP 2 – Able to deal with ethical and legal issues related to clinical practice
- CiP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement
- CiP 4 – Is focused on patient safety and delivers effective quality improvement in patient care
- CiP 5 – Carrying out research and managing data appropriately
- CiP 6 – Acting as a clinical teacher and clinical supervisor
- CiP 7 – Applying knowledge and understanding of the scientific principles that underpin malignancy for the provision of high-quality and safe patient-centred cancer care
- CiP 8 – Delivering the acute oncology take, managing

21 You will be able to view a list of all of the goal sets you have created.

The screenshot shows the 'Goals' page in the dashboard. The top navigation bar includes 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals' (highlighted with a dark blue box), and 'Reports'. The main content area displays a list of goal sets. The first goal set is 'Custom goals' with a due date of 13 MAY, 2028. It contains one goal, 'Example goal', with a value of 0. The second goal set is 'CO Specialty Specific Guidance – Goals' with a due date of 19 FEB, 2027. It contains five goals (CiP 1 to CiP 5) with values of 9, 1, 0, 0, and 0 respectively.

+ Add more goals

Custom goals ⓘ DUE DATE: 13 MAY, 2028

- [+ Example goal](#) 0

+ Add more goals

CO Specialty Specific Guidance – Goals ⓘ DUE DATE: 19 FEB, 2027

- [+ CiP 1 – Able to successfully function within NHS organisational and management systems](#) 9
- [+ CiP 2 – Able to deal with ethical and legal issues related to clinical practice](#) 1
- [+ CiP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement](#) 0
- [+ CiP 4 – Is focused on patient safety and delivers effective quality improvement in patient care](#) 0
- [+ CiP 5 – Carrying out research and managing data appropriately](#) 0

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You can also view a summary of your goals from your dashboard. This summary will also show how many pieces of evidence are linked to each goal.

The screenshot shows the dashboard for Kara Thrace (Training Acct Only). The profile section on the left includes a circular avatar with the initials 'KT', the name 'Kara Thrace (Training Acct Only)', and the role 'Clinical Oncology Global Collaboration Pathway'. Below this is a 'View profile' button. The 'Current information' section lists 'Specialty: Clinical oncology' (valid from 19 Feb, 2026 to 19 Feb, 2056) and 'Location: Eavesdown Oncology Training Scheme (training account only)'. The right-hand side features a 'Create a new event' button and a 'CO SSG Goals' table. The table lists eight goals (CIP 1 to CIP 8) with their corresponding evidence counts. The first three goals are highlighted with an orange box.

CO SSG Goals	Evidence Count
CIP 1 – Able to successfully function within NHS organisational and management systems	9
CIP 2 – Able to deal with ethical and legal issues related to clinical practice	1
CIP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement	0
CIP 4 – Is focused on patient safety and delivers effective quality improvement in patient care	0
CIP 5 – Carrying out research and managing data appropriately	0
CIP 6 – Acting as a clinical teacher and clinical supervisor	0
CIP 7 – Applying knowledge and understanding of the scientific principles that underpin malignancy for the provision of high-quality and safe patient-centred cancer care	0
CIP 8 – Delivering the acute oncology take, managing	0

23

Clicking on a goal in the summary will take you to the detailed view for that goal.

This screenshot is similar to the previous one, but with a different highlight. The 'CO SSG Goals' table is shown, and the goal 'CIP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement' is highlighted with an orange box. The rest of the dashboard layout, including the profile section and the 'Create a new event' button, remains the same.

CO SSG Goals	Evidence Count
CIP 1 – Able to successfully function within NHS organisational and management systems	9
CIP 2 – Able to deal with ethical and legal issues related to clinical practice	1
CIP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement	0
CIP 4 – Is focused on patient safety and delivers effective quality improvement in patient care	0
CIP 5 – Carrying out research and managing data appropriately	0
CIP 6 – Acting as a clinical teacher and clinical supervisor	0
CIP 7 – Applying knowledge and understanding of the scientific principles that underpin malignancy for the provision of high-quality and safe patient-centred cancer care	0
CIP 8 – Delivering the acute oncology take, managing	0

Linking evidence to a goal

24 Click on a goal to open the detailed view for that goal.

CO Specialty Specific Guidance - Goals DUE DATE: 19 FEB, 2027

+ CiP 1 – Able to successfully function within NHS organisational and management systems	7
+ CiP 2 – Able to deal with ethical and legal issues related to clinical practice	1
+ CiP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement	0
+ CiP 4 – Is focused on patient safety and delivers effective quality improvement in patient care	0
+ CiP 5 – Carrying out research and managing data appropriately	0

25 You can view any evidence already linked to your goals by clicking "Show more"

Knowledge
Aware of public-health issues including population health, social detriments of health and global health perspectives
Aware of the role of, and processes for, commissioning Skills
Aware of and adheres to the GMC professional requirements
Demonstrates capabilities in dealing with complexity and uncertainty
Demonstrates promotion of an open and transparent culture
Experience
Demonstrates effective clinical leadership
Keeps practice up to date through learning and teaching
Demonstrates engagement in career planning

Event targets

The following targets have been set for this goal. Please link events that you think best satisfy the aim of this goal.

Linked events
7 ✓

[Show more](#)

[Link event to this target](#)

26 To link evidence to your goals, click "Link event to this target"

The screenshot shows the top navigation bar with the 'WU' logo, 'advance' text, and links for 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. Below the navigation bar is a grey box containing a list of knowledge and skills targets. The 'Event targets' section follows, with a message: 'The following targets have been set for this goal. Please link events that you think best satisfy the aim of this goal.' Underneath, a 'Linked events' section shows '7' with a green checkmark. A blue button labeled 'Link event to this target' with a magnifying glass icon is highlighted with an orange border. Below this is a 'Show less' link. The 'Links matching this target' section shows a 'Reflection' event with a green bar on the left. At the bottom of this section are links for 'Unlink this event', 'Show audit log', and 'Preview'. A green dot and the text 'CREATED ON: 21 MAR, 2026' are also visible.

27 Click "Select existing event"

This screenshot is identical to the one above, showing the same interface elements. The 'Link event to this target' button is still highlighted. However, the dropdown menu for this button is now open, and the 'Select existing event' option is highlighted with an orange border. The 'Create new' option is also visible in the dropdown menu. The rest of the interface, including the navigation bar, targets list, and event details, remains the same.

28

Identify the evidence you would like to link to your goal in the list and click "Link this event"

You may select multiple sources of evidence from the list.

WAVE | advance | Dashboard | Timeline ▾ | Files | FAQs | Goals | Reports ▾

Found 54 items

Ordered by **date created** ▾

Events created in July 2026

Custom goals ⓘ	● CREATED ON: 29 JUL, 2026
🔗 Link this event	🕒 Show audit log
Preview	
Reflection	● CREATED ON: 29 JUL, 2026
🔗 Link this event	🕒 Show audit log
Preview	
Supporting Evidence	● CREATED ON: 29 JUL, 2026
Description of attached file Certificate of attendance from leadership course	
🔗 Link this event	🕒 Show audit log
Preview	
Case-based Discussion (CbD) ⓘ	● ● CREATED ON: 29 JUL, 2026

29

Once you have selected all of the evidence you would like to link, click "I'm done Linking"

You can return to link further evidence at any time until the goal set is closed.

WAVE | advance | Dashboard | Timeline ▾ | Files | FAQs | Goals | Reports ▾

Linked events

I'm done Linking

Goal: CIP 1 – Able to successfully function within NHS organisational and management systems

Start typing to search

Found 54 items

Ordered by **date created** ▾

Events created in July 2026

Custom goals ⓘ	● CREATED ON: 29 JUL, 2026
🔗 Link this event	🕒 Show audit log
Preview	
Reflection	● CREATED ON: 29 JUL, 2026
🔗 Unlink from this event	🕒 Show audit log
Preview	

30 Linked evidence will be listed under your goal in the detailed goal view.

Event targets

The following targets have been set for this goal. Please link events that you think best satisfy the aim of this goal.

↳ Linked events 10 ✓ [Link event to this target](#)

[Show less](#)

Links matching this target

Reflection	● CREATED ON: 29 JUL, 2026
Unlink this event Show audit log	Preview
Supporting Evidence	● CREATED ON: 29 JUL, 2026
Description of attached file Certificate of attendance from leadership course Unlink this event Show audit log	Preview

31 You can view a preview of the linked evidence by clicking "Preview"

Event targets

The following targets have been set for this goal. Please link events that you think best satisfy the aim of this goal.

↳ Linked events 10 ✓ [Link event to this target](#)

[Show less](#)

Links matching this target

Reflection	● CREATED ON: 29 JUL, 2026
Unlink this event Show audit log	Preview
Supporting Evidence	● CREATED ON: 29 JUL, 2026
Description of attached file Certificate of attendance from leadership course Unlink this event Show audit log	Preview

32

This opens a preview of the evidence in a separate window. Click the "x" to close the preview.

Reflection owned by Kara Thrace (Training Acct Only)

Open in a new tab

● COMPLETE VERSION 24 Show audit log

Event occurred on: 29 Jul, 2026
Created on: 29 Jul, 2026

KT Section filled in by Kara Thrace (Training Acct Only) FILLED IN ON 29 JUL, 2026

Working Pattern (% whole time equivalent): 80%
Specialty: Clinical oncology
Location: Eavesdown Oncology Training Scheme (training account only)

We recommend that all residents/learners read 'The reflective practitioner', which has been developed jointly by the Academy of Medical Royal Colleges (AoMRC), the UK Conference of Postgraduate Medical Deans (COPMeD), the General Medical Council (GMC), and the Medical Schools Council. This guidance supports doctors on how to reflect as part of their practice and training.

The AoMRC and COPMeD have also developed a reflective practice toolkit to support reflection. The templates for reflection

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You can open the full view of the evidence by clicking the evidence title

Event targets

The following targets have been set for this goal. Please link events that you think best satisfy the aim of this goal.

Linked events 10 ✓

Show less ^

Links matching this target

Reflection CREATED ON: 29 JUL, 2026

Unlink this event Show audit log Preview

Supporting Evidence CREATED ON: 29 JUL, 2026

Description of attached file Certificate of attendance from leadership course

Unlink this event Show audit log Preview

34 Click "Back" to return to the goals view

Wise/advance | Dashboard | Timeline | Files | FAQs | Goals | Reports

Reflection

Download PDF

Make private [Back](#)

● COMPLETE

Event occurred on: 29 Jul, 2026
Created on: 29 Jul, 2026

VERSION 24 Show audit log

Edit

35 You can remove evidence from a goal by clicking "Unlink this event"

The evidence will be unlinked from the goal, but the evidence form itself will not be deleted.

Wise/advance | Dashboard | Timeline | Files | FAQs | Goals | Reports

Event targets

The following targets have been set for this goal. Please link events that you think best satisfy the aim of this goal.

Linked events
10 ✓

Link event to this target

Show less

Links matching this target

Reflection	● CREATED ON: 29 JUL, 2026		
Unlink this event	Show audit log	Preview	
Supporting Evidence	● CREATED ON: 29 JUL, 2026		
Description of attached file Certificate of attendance from leadership course	Unlink this event	Show audit log	Preview

36

Click "Remove" to confirm that you would like to unlink the evidence from the goal.

You can relink evidence at any time.

The screenshot shows the 'Event targets' page in the 'eisz/advance' application. The page has a navigation bar with 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. The main content area shows 'Linked events' (10) and 'Links matching this target' with three items: 'Reflection', 'Supporting Evidence', and 'Case-based Discussion (CbD)'. A modal dialog is open in the center with a warning icon and the text: 'You are about to remove an event link for this target. Would you like to proceed?'. The dialog has 'Cancel' and 'Remove' buttons, with 'Remove' highlighted by an orange box. The background is dimmed.

37

You can link evidence to custom goals and SSG goals in exactly the same way by clicking on a goal within the goal set

The screenshot shows the 'Goals' page in the 'eisz/advance' application. The page has a navigation bar with 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. The main content area shows a search bar with the text 'Start typing to search' and a 'Search' button. Below the search bar, it says 'Found 22 items'. A table of goals is displayed, with a dark blue header bar that says 'Ordered by created date (most recent first)'. The table has two columns: 'Goal' and 'Count'. The first row is 'Custom goals' with a due date of '26 NOV, 2026'. The second row is 'Deliver teaching session to ST3 residents' with a count of '0'. The third row is 'Attend RCR supervisor skills course' with a count of '0'. A '+ Add more goals' link is at the bottom. The 'Deliver teaching session to ST3 residents' row is highlighted with an orange box.

Adding more goals to a goal set

38

You can add more goals to a custom goal set by finding the goal set in your goals list and clicking "Add more goals"

You cannot add additional goals to the SSG goal set. This has been designed to match the Portfolio Pathway SSG and has been pre-set

The screenshot shows the 'Goals' page with a navigation bar at the top containing 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. Below the navigation bar, it says 'Found 22 items'. A dropdown menu is open, showing 'Ordered by created date (most recent first)'. The main content area shows a table of goal sets. The first row is 'Custom goals' with a 'DUE DATE: 26 NOV, 2026'. Below it, there are two rows of goals: 'Deliver teaching session to ST3 residents' (marked 'ACHIEVED') and 'Attend RCR supervisor skills course' (marked '0'). At the bottom of the table, there is a link '+ Add more goals' which is circled in orange.

39

Enter the goal title and description. Add targets and additional goals if necessary

The screenshot shows the 'Add goal' form. At the top, there is a 'Collapse All' button. The form is titled 'Goal #1'. It has three main sections: 'Goal title' with a red star icon, 'Goal description', and 'Targets'. The 'Goal title' and 'Goal description' fields are text inputs. The 'Targets' section has a heading and a paragraph: 'Targets break down goals into smaller objectives. It is possible to have multiple targets attached to a single goal.' Below this is a button 'Add goal target (optional)'. At the bottom of the form, there is a button '+ Add another goal'. The entire form area is highlighted with an orange border.

40

Click "Save" to add the new goals. You may need to refresh your browser for the new goals to appear in the goal set

The screenshot shows the 'Add new goals to Custom goals' interface. At the top, there is a navigation bar with the xise/advance logo and links to Dashboard, Timeline, Files, FAQs, Goals, and Reports. The main heading is 'Add new goals to Custom goals'. On the right side, there is a green 'Save' button highlighted with an orange border. Below the heading, there is a 'Collapse All' button. The form itself is titled 'Goal #1' and contains two input fields: 'Goal title' with a red star icon and 'Goal description'. The 'Goal title' field is currently empty, and the 'Goal description' field is a larger text area, also empty.

Marking goals as complete

41

Click on the goal you would like to mark as complete.

The screenshot shows the 'Goals' page in the xise/advance system. The navigation bar at the top includes the xise/advance logo and links to Dashboard, Timeline, Files, FAQs, Goals (which is highlighted), and Reports. The main heading is 'Goals'. Below the heading, there is a search bar with the placeholder text 'Start typing to search' and a 'Search' button. Below the search bar, it says 'Found 22 items'. A dark blue bar indicates the goals are 'Ordered by created date (most recent first)'. Below this, there is a section titled 'Custom goals' with a lock icon. A table lists the goals: the first goal is '+ Deliver teaching session to ST3 residents' with a status of 'ACHIEVED', and the second goal is '+ Attend RCR supervisor skills course' with a status of '0'. At the bottom of the table, there is a link '+ Add more goals'.

42 Click "Mark goal as"

Deliver teaching session to ST3 residents

Show audit log Reload Edit

This goal is IN PROGRESS **Mark goal as**

Created as part of Custom goals
Due date: 26 Nov, 2026

Event targets

The following targets have been set for this goal. Please link events that you think best satisfy the aim of this goal.

43 In the pop up window, select the required option and add a comment.

Deliver teaching session to ST3 residents

Show audit log Reload Edit

This goal is IN PROGRESS **Mark goal as**

Created as part of Custom goals
Due date: 26 Nov, 2026

Event targets

The following targets have been set for this goal. Please link events that you think best satisfy the aim of this goal.

Linked events
1 ✓

Show more

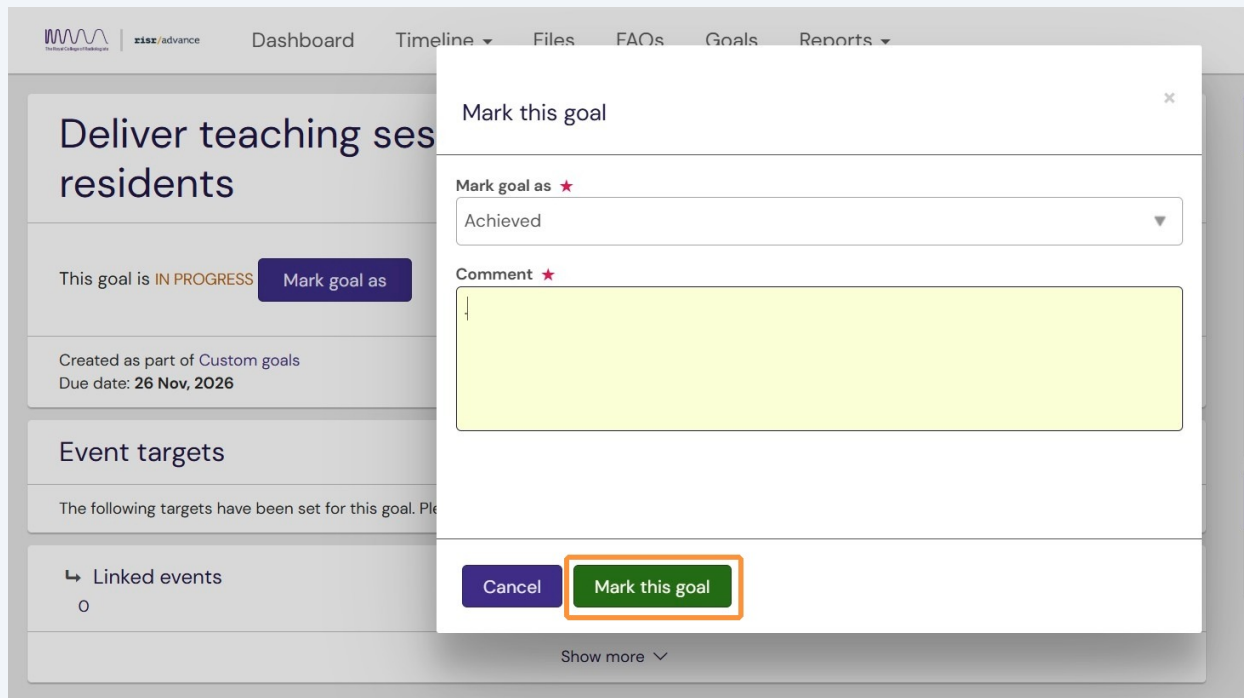
Mark this goal

Mark goal as ★
Achieved ▼

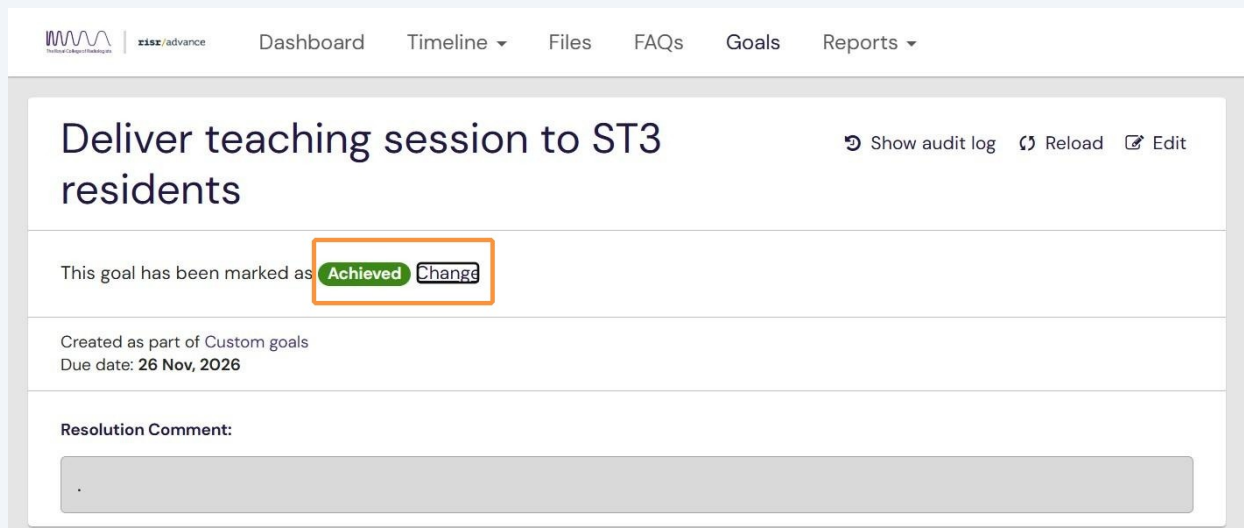
Comment ★

Cancel Mark this goal

44 Click "Mark this goal" to save



45 Your goal will now be marked as achieved. You can change this by clicking on "Change"



46 The goal will also show as achieved in the goals list

The screenshot shows the 'Goals' page in the 'zissz/advance' system. The page has a navigation bar with 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. The 'Goals' page includes a search bar, a 'Search' button, and a section titled 'Found 22 items'. Below this, there is a table of goals. The table has a header row with 'Custom goals' and 'DUE DATE: 26 NOV, 2026'. The table contains two rows of goal items. The first row is 'Deliver teaching session to ST3 residents' and the second row is 'Attend RCR supervisor skills course'. The first row is marked as 'ACHIEVED' and the second row is marked as '0'. There is a '+ Add more goals' link at the bottom of the table.

Custom goals	DUE DATE: 26 NOV, 2026
+ Deliver teaching session to ST3 residents	ACHIEVED
+ Attend RCR supervisor skills course	0

Closing a goal set

47 To close a whole goal set, find the required goals in your goals list.

The screenshot shows the 'Goals' page in the 'zissz/advance' system. The page has a navigation bar with 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals', and 'Reports'. The 'Goals' page includes a '+ Add more goals' link at the top. Below this, there is a table of goal sets. The table has two rows. The first row is 'Custom goals' with a due date of '13 MAY, 2028'. The second row is 'CO Specialty Specific Guidance - Goals' with a due date of '19 FEB, 2027'. The second row contains three goal items: 'CiP 1 - Able to successfully function within NHS organisational and management systems', 'CiP 2 - Able to deal with ethical and legal issues related to clinical practice', and 'CiP 3 - Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement'. The first goal item is marked with '9', the second with '1', and the third with '0'. There is a '+ Add more goals' link at the bottom of the table.

Custom goals	DUE DATE: 13 MAY, 2028
+ Example goal	0

CO Specialty Specific Guidance - Goals	DUE DATE: 19 FEB, 2027
+ CiP 1 - Able to successfully function within NHS organisational and management systems	9
+ CiP 2 - Able to deal with ethical and legal issues related to clinical practice	1
+ CiP 3 - Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement	0

48 Scrolls to the bottom of the goal set and click "Close this goal set"

The screenshot shows the 'Goals' page in the 'iisr/advance' system. The navigation bar includes 'Dashboard', 'Timeline', 'Files', 'FAQs', 'Goals' (active), and 'Reports'. The main content area is titled 'adjuvant and palliative settings' and contains a list of goals, each with a status icon, a description, and a progress indicator (0). The goals are:

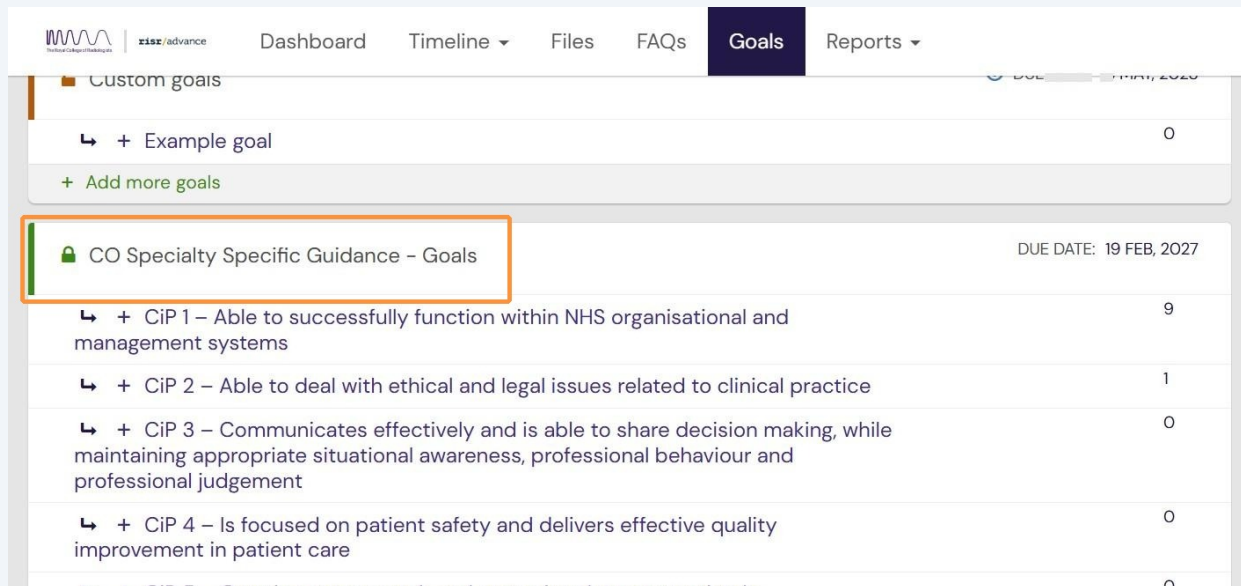
- + CiP 13 – Acting as an advocate for health promotion and high-quality cancer survivorship, advising on cancer prevention, management of long-term treatment-related sequelae and patient self-management strategies
- + CiP 14 – Correctly interpreting radiological imaging for accurate target volume and organ-at-risk definition in radiotherapy planning
- + CiP 15 – Safely and effectively delivering, and managing patients receiving, a course of radical and combined modality radiotherapy (to include consideration and utilisation of emerging techniques)
- + CiP 16 – Safely and effectively delivering, and managing patients receiving, a course of palliative radiotherapy
- + CiP 17 – Safely and effectively delivering, and managing patients receiving, a course of radioisotope therapy using an unsealed source to include post-therapy radiation protection measures
- + CiP 18 – Safely and effectively managing patients treated with brachytherapy and their complications
- + CiP 19 – Participating in clinical research trials and developing guidelines and protocols to safely implement new radiotherapy/combined modality regimens/techniques

At the bottom of the list, there is a green checkmark icon followed by the text 'Close this goal set', which is highlighted with an orange box. Below the list, a message states 'You have reached the end of the list'.

49 Click "OK" to confirm that you wish to close the goal set

The screenshot shows the same 'Goals' page as in step 48, but with a confirmation dialog box overlaid in the center. The dialog box has a large orange exclamation mark icon at the top. The text inside the dialog reads: 'By finishing your goals you will not be able to change them anymore. Do you wish to continue?'. At the bottom of the dialog are two buttons: 'Cancel' and 'OK'. The 'OK' button is highlighted with an orange box. The background content of the page is dimmed.

50 The closed goal set will appear with a green banner.



Custom goals

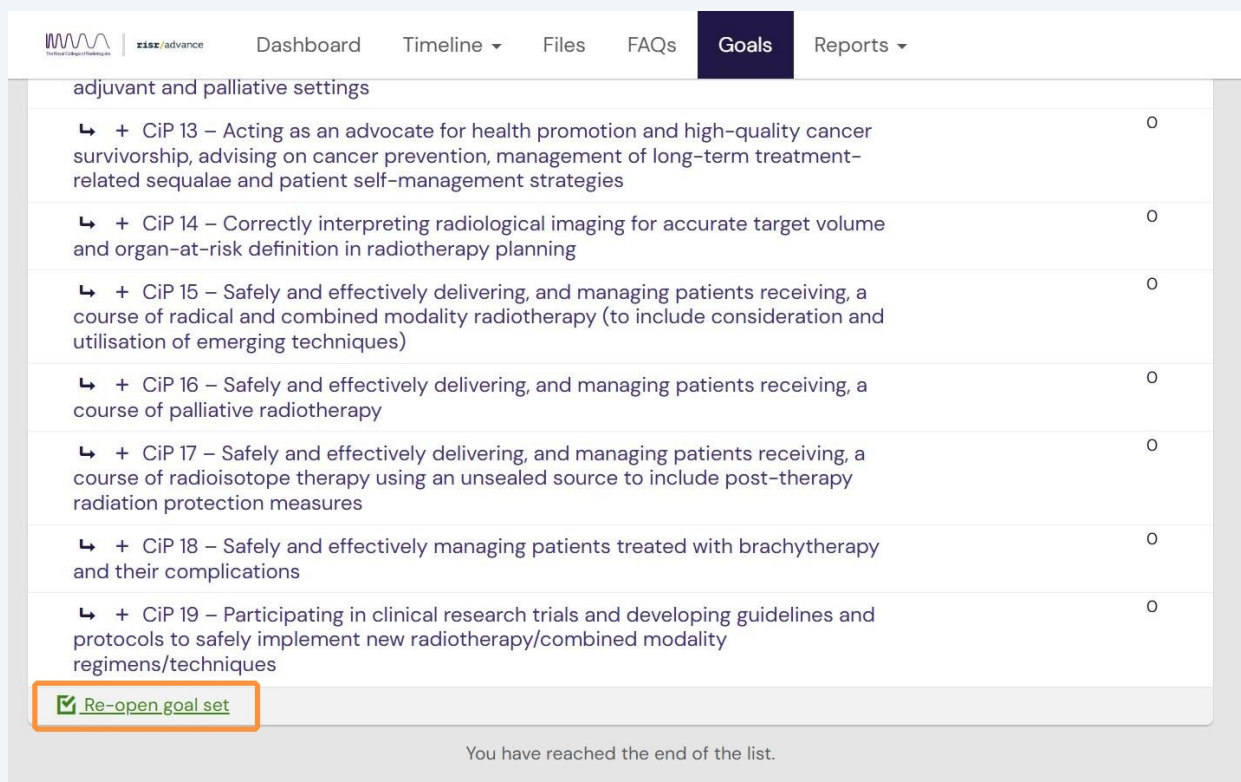
+ Example goal 0

+ Add more goals

CO Specialty Specific Guidance - Goals DUE DATE: 19 FEB, 2027

+ CiP 1 – Able to successfully function within NHS organisational and management systems	9
+ CiP 2 – Able to deal with ethical and legal issues related to clinical practice	1
+ CiP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement	0
+ CiP 4 – Is focused on patient safety and delivers effective quality improvement in patient care	0
+ CiP 5 –	0

51 You can re-open the goal set by clicking "Re-open goal set"



adjuvant and palliative settings

+ CiP 13 – Acting as an advocate for health promotion and high-quality cancer survivorship, advising on cancer prevention, management of long-term treatment-related sequelae and patient self-management strategies	0
+ CiP 14 – Correctly interpreting radiological imaging for accurate target volume and organ-at-risk definition in radiotherapy planning	0
+ CiP 15 – Safely and effectively delivering, and managing patients receiving, a course of radical and combined modality radiotherapy (to include consideration and utilisation of emerging techniques)	0
+ CiP 16 – Safely and effectively delivering, and managing patients receiving, a course of palliative radiotherapy	0
+ CiP 17 – Safely and effectively delivering, and managing patients receiving, a course of radioisotope therapy using an unsealed source to include post-therapy radiation protection measures	0
+ CiP 18 – Safely and effectively managing patients treated with brachytherapy and their complications	0
+ CiP 19 – Participating in clinical research trials and developing guidelines and protocols to safely implement new radiotherapy/combined modality regimens/techniques	0

☒ Re-open goal set

You have reached the end of the list.

52 Click "OK" to confirm you want to re-open the goal set.

adjuvant and palliative settings

- + CiP 13 – Acting as an advocate for health promotion and high-quality cancer survivorship, advising on cancer prevention, management of long-term treatment-related sequelae and patient self-management strategies
- + CiP 14 – Correctly interpreting radiology and organ-at-risk definition in radiotherapy
- + CiP 15 – Safely and effectively deliver course of radical and combined modality radiotherapy (utilisation of emerging techniques)
- + CiP 16 – Safely and effectively deliver course of palliative radiotherapy
- + CiP 17 – Safely and effectively deliver course of radioisotope therapy using an unscheduled radiation protection measures
- + CiP 18 – Safely and effectively manage and their complications
- + CiP 19 – Participating in clinical research trials and developing guidelines and protocols to safely implement new radiotherapy/combined modality regimens/techniques

Are you sure you want to re-open this event?

Cancel OK

53 The re-opened goal set will appear with an amber banner.

Attend RCR supervisor skills course

- + Deliver teaching session to ST3 residents

+ Add more goals

Custom goals ⓘ DUE DATE: 13 MAY, 2028

- + Example goal

+ Add more goals

CO Specialty Specific Guidance - Goals ⓘ DUE DATE: 19 FEB, 2027

- + CiP 1 – Able to successfully function within NHS organisational and management systems
- + CiP 2 – Able to deal with ethical and legal issues related to clinical practice
- + CiP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement

54

You can also view a summary of your goals from your dashboard. This summary will also show how many pieces of evidence are linked to each goal.

The screenshot shows a user dashboard for Kara Thrace (Training Acct Only). The dashboard includes a profile section on the left, a 'Create a new event' button, and a 'CO SSG Goals' table on the right. The table lists 8 goals (CIP 1 to CIP 8) with their respective counts of linked evidence.

CO SSG Goals	
CIP 1 – Able to successfully function within NHS organisational and management systems	9
CIP 2 – Able to deal with ethical and legal issues related to clinical practice	1
CIP 3 – Communicates effectively and is able to share decision making, while maintaining appropriate situational awareness, professional behaviour and professional judgement	0
CIP 4 – Is focused on patient safety and delivers effective quality improvement in patient care	0
CIP 5 – Carrying out research and managing data appropriately	0
CIP 6 – Acting as a clinical teacher and clinical supervisor	0
CIP 7 – Applying knowledge and understanding of the scientific principles that underpin malignancy for the provision of high-quality and safe patient-centred cancer care	0
CIP 8 – Delivering the acute oncology take, managing	0