



Reflection Template

This document is an example to be used for guidance only

You are encouraged to provide reflective activity throughout your evidence bundle to demonstrate what you have learned and the impact on your practice from activities such as CPD, MSF, audit and teaching. Please refer to the [Specialty Specific Guidance](#) for further details.

Example:

Title and Description of Activity or Event:
* <i>Date(s) of activity or event:</i> • Which category of activity does this match? * <i>General information about your practice</i> * <i>Keeping up to date - CPD</i>
Brachytherapy Workshop on 15th & 16th November 2025 I attended the 2 days Brachytherapy Workshop held at my Trust in November.
What have you learned as a result of the activity?
• <i>Describe how this activity contributed to the development of your knowledge, skills or professional behaviours</i> This workshop provided a very valuable opportunity to both consolidate and expand my knowledge of techniques in brachytherapy.
What has been the short- and long-term impact on your professional practice and patient care?
Short-Term Impact on Professional Practice and Patient Care In the short term, this workshop has enhanced my confidence in understanding the indications, principles, and technical considerations involved in brachytherapy. The structured review of patient selection, applicator choice, imaging guidance, dose optimisation, and toxicity management has strengthened my ability to critically evaluate brachytherapy as part of multidisciplinary treatment planning. This improved understanding will allow me to contribute more effectively to MDT discussions, particularly when assessing suitability for brachytherapy or comparing it with alternative radiotherapy techniques. I am better equipped to support colleagues and trainees by discussing evidence-based approaches and addressing common pitfalls in treatment delivery. From a patient-care perspective, the workshop has improved my ability to explain brachytherapy clearly and accurately to patients. I am now more confident in discussing the rationale for treatment, expected benefits, potential risks, and side effects, which should support shared decision-making and informed consent. Improved patient communication is



likely to reduce anxiety and increase treatment acceptance where brachytherapy is recommended.

Long-Term Impact on Professional Practice and Patient Care

In the longer term, this learning experience will influence my clinical practice by reinforcing the role of brachytherapy as a highly conformal, organ-sparing treatment modality with the potential to improve local control and reduce toxicity in selected patients. The workshop has highlighted advances in image-guided brachytherapy and adaptive planning, which I intend to incorporate into my ongoing professional development.

This experience also supports my broader aim of maintaining expertise in complex radiotherapy techniques and delivering high-quality, evidence-based oncology care. Over time, I anticipate that this will translate into improved treatment outcomes, reduced treatment-related morbidity, and more individualised care pathways for patients.

Additionally, the workshop has encouraged reflection on service development and quality improvement. By maintaining and developing brachytherapy skills within the department, I can help ensure that appropriate patients continue to have access to this specialist treatment, rather than defaulting to less optimal alternatives. There is also potential for me to disseminate learning to colleagues through teaching sessions or informal case discussions, thereby enhancing team-wide knowledge and consistency of care.

State any action points to be carried out following this activity

Action Points Following This Activity

- 1. Clinical application:**
Apply the learning from the workshop to MDT discussions and clinical decision-making, particularly regarding patient selection and treatment optimisation for brachytherapy.
- 2. Patient communication:**
Update and refine how I counsel patients about brachytherapy, ensuring explanations are clear, balanced, and aligned with current best practice.
- 3. Knowledge sharing:**
Share key learning points with colleagues and trainees through departmental teaching sessions or case-based discussions.
- 4. Further development:**
Identify opportunities for supervised involvement in brachytherapy planning and delivery to consolidate practical skills where appropriate.
- 5. Ongoing CPD:**
Continue to engage with relevant literature, guidelines, and further educational opportunities to maintain up-to-date knowledge in brachytherapy.

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Example