

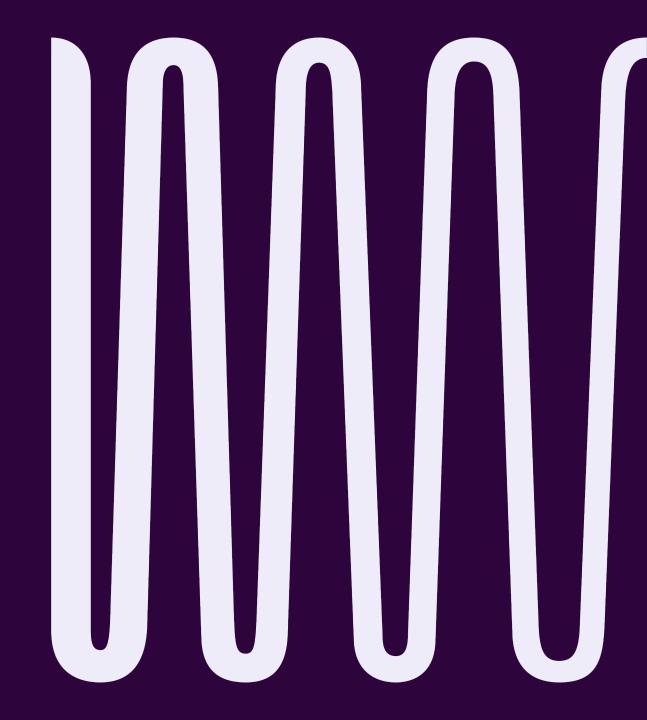
RCR REAP Programme:

Supporting IMG doctors

An interactive session

Dr Priya Suresh

Medical Director Education and Training





Session Plan

- 1. Story of an IMG
- 2. To understand the unique challenges faced by IMGs transitioning to the NHS.
- 3. What resources are available for IMG's nationally and how the RCR can support you?
- 4. To understand how you can be an effective ally to your colleagues.

The Value of IMG doctors

52%

In 2022 more than half (52%) of the doctors who joined the workforce were IMGs.¹

91%

91% of SAS radiologists are international medical graduates. Whilst in CO this figure is 69%, up from 66% in 2022

54%

There is a higher proportion of IMGs working as SAS and LED doctors in comparison to those on the specialist or GP register (around 54% compared to 25%).²

14%

The SAS radiology workforce has grown at an average yearly rate of 14% over the last five years.

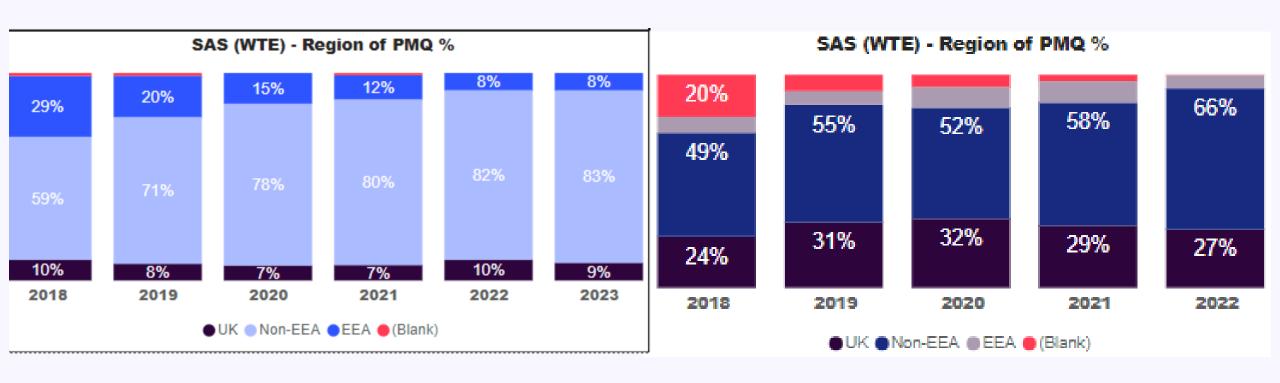
¹ GMC. Workforce Report 2023, gmc-uk.org/stateofmed

² GMC. 2019. What do we know about Specialty and Associate Specialist and Locally Employed Doctors? Working Paper 9

³ RCR Census survey, 2023

CR SAS IMG doctors

CO SAS IMG doctors





Story of an IMG



WHO AM I?

- > IMG
- > Female
- > BAME
- > Vegetarian
- > Teetotaler
- > Nuclear family



Who am I?

Clinical Radiologist with special interest in MSK imaging in University Hospitals Plymouth NHS Trust



MBBS, MRCP, FRCR, PGCE (Dip)



Who am I?

First IMG to become an OFFICER @RCR

Imaging Training Lead for Medical students

Chair of Sarcoma advisory Group

BSSR Vice president Elect

Was Radiology Academy Lead Training Program Director.....





Who am I?





0.007% of people have run an ultramarathon, and of these 0.0001% are women.



Second Dan Karate

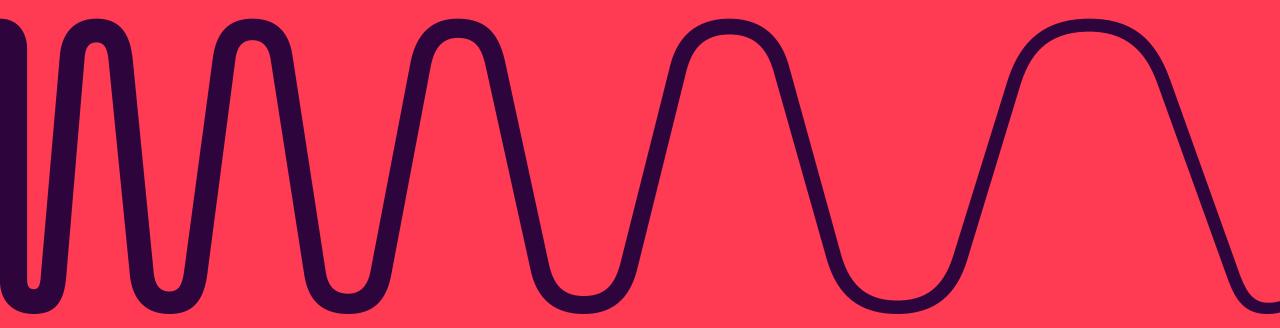
https://www.thedevondaily.co.uk > news > local-news

Plymouth doctor raises thousands in marathon effort

19 Apr 2018 — Dr **Priya Suresh**, a Consultant Radiologist based at Derriford Hospital will tackle the Virgin Money London **Marathon** in memory of her father ...

Indian Classical Dance: Bharatanatyam

Working in the UK



What have your experiences been?

<u>Slido</u>

If you are an IMG did you find an ally to support you in your transition?



Yes/NO

Question 2

Who was your ally? (This is for everyone to think—it can be free text—they can type in...)

Resources available nationally

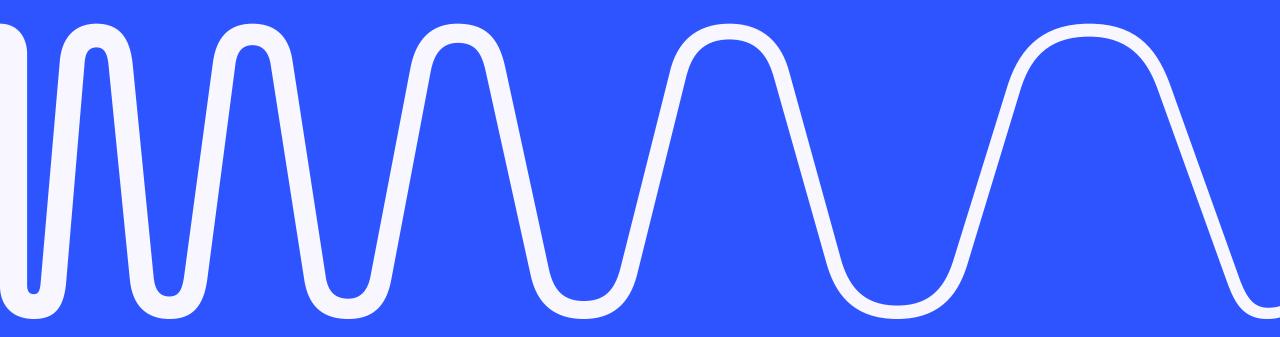
- **BMA** Toolkit for international doctors
 - Guide to being an international junior doctor
 - Settling into the UK
- IMG connect Guidance on visas
 - staying in the UK, relocation, aftercare and ongoing career support.
- The Savvy IMG complete guidance on life as an IMG doctor in the UK
 One to one sessions available for more personalised guidance
- GMC Welcome to the UK practise, free workshops
- NHS Professionals Weekly educational sessions to build existing training, qualifications and experience, including one to one support



For more information on support available please scan the QR code to be taken to our Working in the NHS UK webpage.

workforce@rcr.ac.uk

College support for IMG doctors



SAS Professional Network



Portfolio Pathway/CESR

Online webinar:

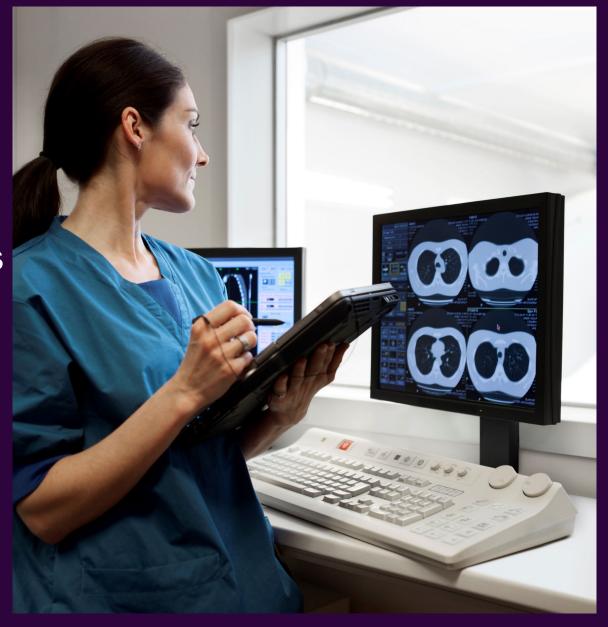
Navigating the Portfolio Pathway (CESR): Best Practices for Success

Date: Wednesday 20th November

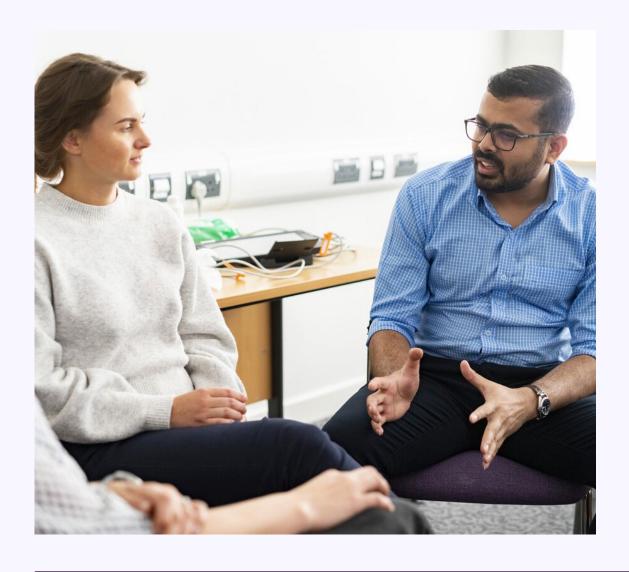
Time: 5.30pm – 7pm

Benefit: Gain insights to the CESR/Portfolio Pathway

and build a strong application.



Differential attainment



- There are differences in training outcomes which can be correlated to protected characteristics
- Opportunity to bridge existing attainment gaps
- Work towards creating a fairer training environment for all
- Fairer Training Outcome Fellowship
 - Reverse mentoring scheme
 - Speed mentoring
 - Peer mentoring

Honours for contributions to

our specialties

There are four honours available to recognise contributions to the work of the RCR and to our two specialties, clinical radiology and clinical oncology.

LEARN MORE

The RCR honours are a wonderful way to recognise your fellow doctors who have made a significant contribution to our specialties. I was delighted to be recognised for the Exceptional Contribution Award in 2022 for my contributions to teaching radiology. I understand that I'm the first international medical graduate to receive this award.

Please remember that you can nominate Fellows or members. The RCR would also like to see nominations for individuals from diverse backgrounds. We strongly believe that we should recognise and celebrate hard work, passion, skills and contributions by people of all colour, sex, ethnic origin and other characteristics.

Dr Priya Suresh

RCR Medical Director, Education and Training, Clinical Radiology



Roles in the College and College involvement



My Tips:

Become active members of the local community: find something you and your family enjoy. Worklife balance is important.

Take opportunities on offer. And if they are not obvious, seek them out.

Ally

Help others where you can



Don't be afraid to sell yourself!
 Humility ≠ Uncertainty

Humble but confident.



Allies: understand and champion others.

Find out more about RadReach

Team DKT- August 2024

Teaching Faculty: 58 Contributors : 108



Meet the RadReach Founders, **Patrons and Ambassadors**

Meet the people behind the partnership, from our three female founders to our proud patrons and ambassadors.

Meet the team

Meet the team





RadReach mentoring scheme



4



RCR REAP Programme:

Slido:

Were you an ally before or will you think about becoming an ally in the future?

